

The first joint conference of the International Society of Hypertension (ISH) and Russian Society of Hypertension (RSH)

“Arterial hypertension as a global public health problem. New Experience in Diagnostics and Treatment in 2018”

October 27, 2018, Moscow, Russia

The first joint school of the International Society of Hypertension (ISH) and the Russian Society of Hypertension (RSH) was held on October 27, 2018 in the historical center of Moscow; it brought together more than 160 young Russian doctors, graduate students, and research workers. The majority of participants were from Moscow and the Moscow Region; some of them, however, came from the distant cities of Russia, such as Perm, Kursk, Tiraspol, Kazan and Chelyabinsk. The event was broadcasted via the Internet for wider audience coverage. The forum's scientific program met the requirements of the Coordinating Council for Development of Continuing Medical Education at the Ministry of Health of Russia.

The presidents of both societies: Academician of RAS Irina Evgenievna Chazova and Professor Alta Schutte took part in the conference, which allowed to give the highest scientific and educational level for the event.

The school opened with a welcoming speech of Irina Evgenievna Chazova, RSH President, Academician of RAS, and Peter Nilsson, Professor, Chair of the ISH-RAG European group, to the participants. The scientific program of the meeting was devoted to the urgent aspects and new directions in prevention, diagnosis and treatment of arterial hypertension. The first report on the state of the problem of arterial hypertension in the world as a whole was made by Alta Schutte, Professor, President of the International Society of Hypertension. The reports of I.E. Chazova, Academician of RAS, S.A. Boytsov, Corresponding Member of RAS, O.D. Ostroumova, Professor, were devoted to the main approaches in the treatment of arterial hypertension, epidemiology problems and scientific aspects in investigation of this pathology in the Russian Federation. The lecturers of the International Society of Hypertension: Peter Nilsson (Sweden), Dragan Lovic (Serbia), Maciej Tomaszewski (Great Britain), Angelo Scuteri (Italy) presented interesting reports on the problems of patients' adherence to antihypertensive therapy, issues of the influence exerted by risk factors and peculiarities of target

organ damage in arterial hypertension, specifics of the course and complexity of treatment of arterial hypertension in combination with diabetes. The final reports on secondary forms of arterial hypertension and on the state of the problem of arterial hypertension in the city of Novosibirsk were presented by Professor N.M. Chikhladze and Professor D.A. Yakhontov. The reports presented at the event caused a lively discussion among the participants.

In conclusion, the presidents of the Russian and International Societies of Hypertension noted the success of the school, stressed the relevance of this format for training and maintaining the level of doctors' knowledge in the modern medical community and expressed hope for similar joint events in the future.



Организационный комитет конференции. Слева направо: Dragan Lovic (Сербия), Воронкова О.Ю. (Россия), Наконечников С.Н. (Россия), Блинова Н.В. (Россия), Чазова И.Е. (Россия), Alta Schutte (Южная Африка), Peter Nilsson (Швеция), Остроумова О.Д. (Россия), Maciej Tomaszewski (Великобритания), Angelo Scuteri (Италия)

Conference Organizing Committee. From left to right: Dragan Lovic (Serbia), O.Yu. Voronkova (Russia), S.N. Nakonechnikov (Russia), N.V. Blinova (Russia), I.E. Chazova (Russia), Alta Schutte (South Africa), Peter Nilsson (Sweden), O.D. Ostroumova (Russia), Maciej Tomaszewski (Great Britain), Angelo Scuteri (Italy)